

SARAH PERRY

Dual Nationality: UK & US

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MOVEMENT DIRECTOR, MOVEMENT & PERFORMANCE COACH AND MOTION CAPTURE DIRECTOR

SARAH PERRY is a Movement Director; Movement, Character & Performance Coach and Motion Capture Director working in Film, TV, Animation, VR and Theatre. Currently working as Movement Coach on 'The Salt Path' for Number 9 Films. Recent projects include as Movement Coach on a TBA project for Warner Bros/Universal, released 2024. Movement & Motion Capture Director for 3 VR Documentary Films for East City Film/Illinois Holocaust Museum, released 2023 and as Movement Coach for 6 part TV Drama 'The Burning Girls' for Buccaneer Media/Paramount+, released 2023.

Sarah has coached many Actors, Movers and Dancers in Film, TV, Animation & Theatre, liaising with Directors, VFX Supervisors, Stunt Coordinators and all heads of department and is frequently called in to work with various renowned VFX/Animation companies to assist their animation teams working on various projects, productions and characters including: Jellyfish Pictures, Framestore, MPC, Double Negative and Aardman. Sarah can also be called upon as Movement Coordinator, coordinating a team of varied Movement specialists for larger projects & productions. Sarah has also coached musicians, singers, magicians, child performers and non-professional performers in various contexts and settings.

Sarah's skills range from character performance & embodiment, creature performance research and direction, performance capture movement direction, motion capture directing, actor preparation, ensemble crowd direction, developing a movement language and style to suit a project, developing an actors' or characters movement language & vocabulary, ensemble devising/choreography, acting & character movement for animators, movement analysis & choreology and wellbeing for actors & creatives. Sarah also works as a Yoga Teacher & Yoga Therapist, teaches Movement for Actors at numerous UK Drama schools and Universities and teaches Acting & Character Movement for Animators nationally and internationally.

TRAINING:

Working in Television – RADA (2006), One Year Acting – The Oxford School of Drama (1997), BA (Hons) Dance and Drama with English Literature – De Montfort University, Bedford (1996). Sarah was a member of The Young Vic Youth Theatre, headed by then Artistic Director David Thacker.

Sarah is a qualified and practicing Yoga Teacher and Yoga Therapist with over a 1000 hours of teacher training credits. She continues her studies in Yoga Therapy, Human and Creature Anatomy & Physiology, Laban Movement Analysis, Choreology, Devising, Movement for Actors, Animal studies, Stanislavski and Voice.

CREDITS:

MOVEMENT DIRECTOR and MOVEMENT & PERFORMANCE COACH

2024 Movement Coach, 'The Salt Path', Number 9 Films, Marianne Elliot
2024 Movement Coach, TBA, Warner Bros/Universal
2023 Movement & Motion Capture Director, 3 VR Documentary Films, Illinois Holocaust Museum/East City Films; Mary Matheson, Darren Emersen, Charlotte Mikkelsen
2023 Movement Coach, 'The Burning Girls' Buccaneer Media/Paramount+, Charles Martin
2022 Movement Coach, 'His Dark Materials' S3, eps 4-7 Bad Wolf/BBC, Weronika Tofiliska, Charles Martin, Russell Dodgson.
2022 Movement Director, 'In Pursuit of Repetitive Beats' VR Film, East City Films, Darren Emerson
2021 Movement Coach, 'There's Something About Movies' S4, ep 5, Sky/CPL Productions, Brian Klein.
2021 Movement & Performance/MoCap Director, 'Dream' for Royal Shakespeare Company, Philharmonia Orchestra, Marshmallow Laser Feast
2020/21 Movement Coach, 'A Discovery of Witches' S3, Bad Wolf/Sky One, Jamie Donoughue, Debs Paterson.
2019/20, Movement Coach, 'A Discovery of Witches' S2, Bad Wolf/Sky One, Farren Blackburn, Philippa Langdale, Jonathan Teplitzky.
2019, Performance Director, 'Boulders Gate 3', Larian Studios, Pitstop Productions.
2017, Performance Coach for Jellyfish Pictures, 'Dennis and Gnasher: Unleashed', Steve Dorrance (Head of Animation)
2016, Movement Director, R&D of 'Creature', SDNA.TV (Valentina Flores & Ben Foot), Dir. Kirsty Housley
2016, Performance Coach for Framestore working on 'The Jungle Book' Kevin Spruce (Head of Animation)
2015, Performance Coach for Jellyfish Pictures working on 'The Floogals' Steve Dorrance (Head of Animation)
2013, Movement Coach for Nebula, 'Guardians of the Galaxy', Disney/Marvel Enterprises, James Gunn
2013, Performance Coach for Groot in 'Guardians of the Galaxy', MPC, Greg Fisher (Head of Animation)
2013, Movement Coach, 'Jupiter Ascending', Warner Bros/Village Roadshow Pictures, The Wachowskis
2013, Presenter/Movement Coach, TV Pilot, Lion TV, Barney Newman
2012, Performance Coach for MPC working on 'World War Z', Greg Fisher (Head of Animation)
2011, Performance Coach for Framestore working on 'Gravity' Kevin Spruce (Head of Animation)
2011, Performance Coach for Double Negative working on 'John Carter', Eamonn Butler (Head of Animation)
2009, Performance Coach for Reepicheep in 'Nania: Voyage of the Dawn Treader', MPC, Greg Fisher (Head of Animation)

GUEST SPEAKER in MOVEMENT & PERFORMANCE and OTHER SPECIAL EVENTS

2022 for Serious/Take 5 Programme– Movement & Performance Coach for Jazz Musicians
2022 for ACMI online, Australia - Movement & Mocap Performance Direction for 'Dream' (RSC)
2022 for RSC SXSW, Austin Texas: Immersive Technologies in the Performing Arts.
2022 for 'Dream' & Royal Shakespeare Company, Beyond Conference -Belfast
2021, for 'Dream' & Royal Shakespeare Company: Radio 4 Today Programme
2020, Women in Animation panelist, Motion Capture Director, NYC – online.
2018-2019, Movement & Storytelling for restaurant staff at The Fat Duck, Bray
2017, Semi final judge/movement tutor, Alan Bates Award 2017, The Actors Centre
2016 - 2017, Animex Festival, University of Teeside, Acting for Animators
2014-2017, BFX Festival, University of Bournemouth, Acting for Animators

MOVEMENT TUTOR:

Sarah is a visiting lecturer and workshop leader at numerous UK Universities and educational institutions. Sarah is an industry liaison representative and lecturer of movement & acting in animation at Norwich University of the Arts. She has also taught at Mountview, Central School of Speech & Drama, East 15, Ravensbourne, University of Hertfordshire, NFTS/Aardman, Met Film School, Bucks New University, University of Kent, University of the Arts London: LCC, University of West London, UCL, Staffordshire University, Escape Studios, Royal Birmingham Conservatoire, The Actors Atelier – Munich, The Actors Guild, The Actors Centre, Spotlight, UCA Farnham, ICAT, London & Manchester...

Yoga and Yoga Therapy clients include and have included: HMR: Hammersmith Medical Research Hospital, Spotlight, ZSL, HSBC Headquarters, Rufus Leonard, Royal Mail, NHS, Schroders, Not Actual Size, Bannatynes, CRI, Sapphire Independent Housing and DAIS (Specialising in addiction recovery and support).

MENTORING:

Sarah is the founder of Shapes in Motion, offering specialist movement & performance workshops and events to professional actors and performers led by various movement practitioners, theatre companies and movement professionals, including amongst others; Complicite, Gecko, Trestle, Toby Sedgwick and Russell Maliphant. Her goal is to raise the profile of movement in all areas of storytelling and performance. Shapes in Motion supports both emerging & established artists & creatives. Sarah co-ordinates the Shapes in Motion 'Movers & Makers' Troupe, a troupe of professional actors & movers with a diverse range of movement specialisms, who can be called upon for Film, TV, Theatre & other work. Visit: www.shapesinmotion.com for more information.