

# SARAH PERRY

UK AND US CITIZEN

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## MOVEMENT DIRECTOR, MOVEMENT & PERFORMANCE COACH AND MOVEMENT TUTOR

**SARAH PERRY** is a movement director, performance coach and practitioner working in Film, TV, Animation and Theatre. She recently worked as Movement Director for 'Agamemnon Redux' for Warwick University/Warwick Arts Centre, a project combining Live Performance with Motion Capture. She has worked as movement director for R&D project 'Creature' with SDNA.TV, as Movement Coach on 'Jupiter Ascending' directed by The Wachowskis and on 'Guardians of the Galaxy', directed by James Gunn. She also worked with one of London's VFX teams on the movements and behaviours of one of the leading CG characters; Groot 'Guardians of the Galaxy'. Sarah is frequently called in to work with various renowned VFX companies to assist their animation teams working on various projects, productions and characters. She specialises in creature performance & characterisation and acting & character movement for animators. Sarah has worked with: Jellyfish Pictures, Framestore, MPC, Double Negative and Aardman.

Sarah is a performance coach, workshop facilitator and mentor. She works with professional actors, singers, dancers and stuntmen as well as students and emerging artistes. Her skills range from creature performance research and direction, performance capture movement direction, actor preparation, developing a movement language and style to suit a project, developing an actors' or characters movement language and vocabulary, posture & movement analysis. Sarah also works as a Yoga Therapist, teaches Movement for Actors and Acting & Character Movement for Animators nationally and internationally.

## **TRAINING:**

Working in Television – RADA (2006), One Year Acting – The Oxford School of Drama (1997), BA (Hons) Dance and Drama with English Literature – De Montfort University, Bedford (1996). Sarah was a member of The Young Vic Youth Theatre, headed by Artistic Director David Thacker.

Sarah is a qualified and practicing Yoga Teacher and Yoga Therapist with over a 1000 hours of teacher training credits. She continues her studies in Yoga Therapy, Human and Creature Anatomy, Laban Movement Analysis, Devising, Movement for Actors, Feldenkrais, Animal studies, Stanislavski and Voice.

Her specialist subjects as a movement director include: Creature Performance, Motion/Performance Capture, Laban Movement Analysis, Acting & Character Movement in Animation, Looking after the wellbeing of the actor within her scope as a Yoga Therapist, Movement Coaching for specific roles; honoring the genre or period of the piece, environment, working with green screen, costume, prosthetics, props, the characters inner world, personality, mental state, illness', conditions, psychology...

## **CREDITS:**

### **MOVEMENT DIRECTOR and MOVEMENT & PERFORMANCE COACH**

2018, Movement Director, Project for International Gibbon Day, Grant Museum of Zoology, London.

2018, Choreographer & Presenter, Wild Yoga for Zoo Nights, Zoological Society - London

2018, Movement Director, Agamemnon Redux, Warwick University/Warwick Arts Centre, Andy Lavender

2017, Performance Coach for Jellyfish Pictures, Dennis and Gnasher: Unleashed, Steve Dorrance (Head of Animation)

2017, Movement Director, Various Motion Capture projects, University of Hertfordshire

2016, Movement Director, R&D of 'Creature', SDNA.TV (Valentina Flores & Ben Foot), Dir. Kirsty Housley

2016, Performance Coach for Framestore working on 'The Jungle Book' Kevin Spruce (Head of Animation)

2015, Performance Coach for Jellyfish Pictures working on 'The Floogals' Steve Dorrance (Head of Animation)

2013, Movement Coach for Nebula, 'Guardians of the Galaxy', Disney/Marvel Enterprises, James Gunn

2013, Performance Coach for Groot in 'Guardians of the Galaxy', MPC, Greg Fisher (Head of Animation)

2013, Movement Coach, 'Jupiter Ascending', Warner Bros/Village Roadshow Pictures, The Wachowskis

2013, Movement Director, Various Motion Capture projects, Met Film School

2013, Presenter/Movement Coach, TV Pilot, Lion TV, Barney Newman

2012, Performance Coach for MPC working on 'World War Z', Greg Fisher (Head of Animation)

2012, Movement Director, Great Ormond Street, Charity Christmas calendar, Olivia Mann Photography.

2012, Movement Director, Various Motion Capture projects, Met Film School

2011, Performance Coach for Framestore working on 'Gravity' Kevin Spruce (Head of Animation)

2011, Performance Coach for Double Negative working on 'John Carter', Eamonn Butler (Head of Animation)

2010, Movement Director, Various Motion Capture/Green Screen projects, University of Kent

2009, Performance Coach for Reepicheep in 'Nania: Voyage of the Dawn Treader', MPC, Greg Fisher (Head of Animation)

## **GUEST SPEAKER in MOVEMENT & PERFORMANCE/SPECIAL EVENTS**

2017, BFX Festival, University of Bournemouth  
2017, Animex Festival, University of Teeside  
2017, Semi final judge/movement tutor, Alan Bates Award 2017, The Actors Centre  
2016, BFX Festival, University of Bournemouth  
2016, Animex Festival, University of Teeside  
2015, BFX Festival, University of Bournemouth  
2014, BFX Festival, University of Bournemouth

## **MOVEMENT TUTOR:**

Sarah is a visiting lecturer and workshop leader at numerous UK Universities and educational institutions. She teaches Movement for Actors regularly at The Actors Centre and at Mountview. Sarah is an industry liaison representative and lecturer of movement & acting in animation at Norwich University of the Arts. She has also taught at Central School of Speech & Drama, East 15, Ravensbourne, University of Hertfordshire, NFTS/Aardman, Met Film School, Bucks New University, University of Kent, University of the Arts London: LCC, University of West London, Staffordshire University, Escape Studios, Royal Birmingham Conservatoire, The Actors Atelier – Munich, The Actors Guild, Spotlight and ICAT, London & Manchester.

Yoga and Yoga Therapy clients include and have included: Spotlight, ZSL, HSBC Headquarters, Rufus Leonard, Royal Mail, NHS, Schrodgers, Not Actual Size, Bannatynes, CRI, Sapphire Independent Housing and DAIS (Specialising in addiction recovery and support).

## **MENTORING:**

Sarah is the founder of Shapes in Motion, offering specialist movement workshops and events to professional actors and performers led by various movement practitioners, theatre companies and movement professionals, including amongst others; Complicite, Gecko, Trestle, Toby Sedgwick and Russell Maliphant. Her goal is to raise the profile of movement in all areas of storytelling and performance. Sarah co-ordinates the Shapes in Motion MoCap Troupe, offering continuous training and support for Actors interested in performance/motion capture work, this was launched in 2016. Her most recent venture is the development of Shapes in Motion's Fitness & Wellness Club for Actors & Creatives. Visit: [www.shapesinmotion.com](http://www.shapesinmotion.com) for more information.